http://www.jabf.in/



Effects of perchlorate (rocket fuel) on liver and gonad tissues of a freshwater fish *Rasbora dandia* (Valenciennes, 1844)

Divya P.S.^{1*} and Benno Pereira F.G.²

¹ Department of Zoology, SreeNarayana College, Kollam, Kerala, India ² Department of Zoology, University of Kerala, Thiruvananthapuram *E.mail: divyanu111@gmail.com

ABSTRACT

Perchlorate (Rocket fuel) is an oxy-anion (ClO_4^{-}) and emerging persistent environmental contaminant reported to have different toxicity effects on plants and animals. Perchlorate (ClO_4) is an emerging pollutant which is widely reported from ground and surface waters near military sites and manufacturing units. The reported perchlorate toxicity studies have been confined to labs in experimental conditions on plants or animals. In the present study, we have identified a natural pond heavily contaminated with perchlorate. The toxicity study was initiated in the laboratory to understand the effect of environmentally relevant perchlorate on the predominant freshwater fish present in the pond. Histological observation of the liver of the fishes exposed at environmentally relevant concentrations (10, 12 and 14 mg/l) showed significant changes observed in liver tissue varied with increasing concentration. These results suggest that ClO_4^- is a hepatotoxic compound in *Rasbora dandia*. Histological observation of testes of the fishes exposed at multiple germinal epithelium layers, less spermatozoa and oedema. The present study was limited to only one species and may extend up to other aquatic life of an ecosystem

ARTICLE HISTORY

Received on: 29-12-2022 Revised on: 10-11-2023 Accepted on: 30-12-2023

KEYWORDS Perchlorate, Toxicity, Liver, Gonads

1. Introduction

Environmental contamination of perchlorate (ClO_4^-) is becoming a serious health concern due to its widespread distribution in both ground and surface waters and its impairment of thyroid gland functioning (Isobe *et al.*, 2012). Perchlorate is a naturally occurring and man-made compound, whereas anthropogenic source are the leading cause of contamination of the aquatic ecosystem (Trumpolt *et al.*, 2005; Morrison *et al.*, 2006).

Perchlorate is highly soluble, mobile and very stable in water (ITRC, 2005). Due to high solubility and low reactivity, ClO_4^- is predicted to transport readily in surface water and through the soil to groundwater (Sparks, 1995). In an aqueous medium, perchlorate anion readily dissociates from its various cations and remains stable for a long period under normal environmental conditions (Urbasky, 1998). Perchlorate compounds are mainly found in solid salts at ambient temperatures and consist of white or clear crystals. Common salts of ClO_4^- are NH_4ClO_4 , $NaClO_4$, $Ba(ClO_4)_2$, $CsClO_4$, $FClO_4$, $LiClO_4$, Mg ($ClO_4)_2$, $KClO_4$, $RbClO_4$ and $AgClO_4$. Due to its relatively low density, perchlorate does not form complexes with metals (Urbansky, 2002).

Most of the naturally occurring sources of perchlorate appear to be geographically limited to arid environments. It occurs naturally in low levels in arid regions, while high concentration was reported in northern Chile and West Texas (Dasgupta *et al.*, 2005) Perchlorate, known as rocket fuel is widely used in ammunition industries in many parts of the world. The major source of environmental contamination of perchlorate has been its manufacturing, storage, testing, disposal sites and military installations (Urbansky *et al.*, 2002; Morrison *et al.*, 2006; ATSDR, 2008). The U.S. Department of Defence (DoD) is the largest user of perchlorate as rocket propellant and ammunition. Perchlorate is commonly used as an

oxidiser in solid propellants, munitions, fireworks, vehicle airbag initiators, matches and signal flares (ITRC,2005). Perchlorate contamination generated considerable concern for human health due to its endocrine disruption property. The main mechanism of perchlorate toxicity is associated with the thyroid gland and thyroid hormone production. The thyroid gland secretes two hormones, thyroxin (T_{4}) and triiodothyronine (T_3) , iodine is a key component of both. Thyroxin (T_4) and triiodothyronine (T_3) regulate tissue growth, maturation and cell respiration. Thyroid tissues selectively concentrate iodide from blood. The molecule responsible for the transport of iodide into the thyroid is called sodium - iodide symporter (NIS) (Dohan et al., 2003). Perchlorate act as a strong inhibitor of the sodium iodide symporter (NIS) and it reduces the production of thyroid hormones (Clark, 2000; Yu et al., 2002).

Wolff (1998) reported that perchlorate has a greater affinity (30-fold greater) to sodium – iodide symporter than Iodine. Besides thyroid the NIS appears in the mammary gland, salivary gland, gastric mucosa and placenta (Tazebay *et al.*, 2000). Perchlorate in food and water is a primary pathway for human exposure (ATSDR, 2008). Perchlorate is absorbed through the gastrointestinal tract and has a 6 to 8 hours half-life in humans. Approximately 95% of perchlorate is excreted within 72 hrs through urine (Eichler, 1929). Perchlorate is mainly adsorbed through oral exposure and migrating from the stomach and intestines to the bloodstream (ATSDR, 2008).

Due to the solubility and persistent nature of perchlorate salts it is stable in the aquatic environment and aquatic organism are more susceptible to perchlorate (Flowers and Hunt, 2000; Morrison *et al.*, 2006). In fishes, perchlorate exposure is through the gills, integuments, and gastrointestinal tract (Theodoraki *et al.*, 2006). Due to toxicological and potential effects of perchlorate, numerous

states and agencies proposed enforceable standards and guidance levels for perchlorate. In 1998 perchlorate was added to the Contaminant Candidate List (CCL) for drinking water by USEPA (USEPA, 1998). In 2002 the USEPA published a reference dose (RfD) of perchlorate in drinking water level (DWEL) of approximately 1µg/L (USEPA, 2008). In 2005, U.S. EPA established an oral reference dose (RfD) of perchlorate was 0.0007 milligrams per kilogram body weight per day and a drinking water equivalent level (DWEL) of 24.5 µg/L. According to USEPA (2008), CIO₄⁻ is set as 15µg/L based on the reference dose recommended by the National Academy of Sciences (NAS).The current health advisory level for ClO₄⁻ based on the reference dose recommended by the National Academy of Sciences is 56µg/L (USEPA, 2019).

Among fishes perchlorate toxicity study was mainly carried out on Zebra fish (*Danio rerio*), Fathead minnows (*Pimephales promelas*), Eastern mosquito fish (*Gambusia holbrooki*), threespine stickle back (*Gasterosterus saculeatus*) and rare Chinese minnows (Bernhardt and Von Bernhardt *et al.*, 2011; Furin *et al.*, 2015; Petersen *et al.*,2016). These studies reported that perchlorate causes morphological deformities (Mukhi *et al.*, 2005; Mukhi and Patino., 2007; Bernhardt *et al.*, 2011), reproductive abnormalities (Park *et al.*, 2006; Bernhardt and Von Hippel., 2008), altered thyroid hormone production and disruption of thyroid follicles in fishes (Bradford *et al.*, 2005; Schmidt *et al.*, 2012; Petersen *et al.*, 2016).

Histological studies have been considered a tool for evaluating the toxic effect of fishes (Wester and Canton 1991, Schwaiger *et al.*, 1992; Dutta, 1996). Histology can also detect health effect that is not readily discernable with gross visual inspection and provide early warning signals for secondary diseases (Couillard *et al.*, 1988). Histopathological examination was widely recognised as a reliable method for disease diagnosis and for assessing the acute and chronic effects of toxicants at the cellular level in marine and fresh water species (Ferguson, 1989; Hinton *et al.*, 1992). Pathological alternations found in fishes are the net result of physical and biochemical changes in an organism (Schlacher *et al.*, 2007). The pathological changes of tisk (Couch and Fournie., 1993).

Among perchlorate-induced toxicity studies, histological analysis was mainly focused on the thyroid gland of fish (York *et al.*, 2001; Goleman *et al.*, 2002; Mukhi and Patino., 2007; Furin *et al.*,2015). These previous studies reported that ClO_4^- causes hypertrophy, colloid depletion, angiogenesis, hyperplasia in thyroid gland of Zebrafish (Mukhi and Patino. 2007; Patino *et al.*, 2003; Liu *et al.*, 2008). Similarly, another study on three spine sticklebacks reported that ClO_4^- exposed fishes showed histomorphological changes such as follicle proliferation, reduced follicle area, colloid depletion and hypertrophy in thyroid tissue (Gardell *et al.*, 2016).

In earlier reports, most of the histological studies were carried out only in the thyroid gland of the perchloratetreated fishes. At the same time, only a few reports are available on the histological changes in liver and gonads of fish due to ClO_4^- toxicity. For example, studies conducted on Zebra fish (*Danio rerio*) exposed to perchlorate, showed delayed spermatogenesis and reduced fecundity (Mukhi *et al.*, 2007; Sharma and Patino, 2013). Similarly, perchlorate reduced primodial germ cell number, decreased oocyte maturation, disruption of reproductive behaviour, and induced hermaphroditism in threespine sticklebacks (Bernhardt *et al.*, 2006; Petersen *et al.*, 2014; Petersen *et al.*, 2016). The present study was mainly focused on evaluating the effect of environmentally relevant concentrations of perchlorate in the liver and gonads of fish (*Rasbora dandia*) and to finding out the histological changes in tissues due to perchlorate toxicity. Hence, the present study was mainly focused on the histological changes in gonads and the liver of the perchlorate- treated fishes.

2. Materials and Methods

2.1 Test organism

The fish selected for toxicity study was *Rasbora dandia* (Valenciennes, 1844). It is a fresh -water fish that occurs in different habitats such as ditches, ponds, canals, streams and rivers and in inundated fields. *Rasbora dandia was* selected for the toxicity study since it is commonly found in the freshwater ecosystem, has easy availability and is the dominant species present in the contaminated-perchlorate pond (Divya and Benno periera., 2020).

2.2 Collection and maintenance of test organism

Healthy and adult Rasbora dandia were collected from a local fish collector for toxicity studies. The fish were transported to the lab in live condition with care to avoid mechanical injury. They were kept in an aquarium tank with a 2000 L capacity filled with de- chlorinated tap water and provided continuous aeration. Prior to the experiment, fish were acclimatised to laboratory conditions for two weeks. During the acclimatisation period, fish were fed with commercial fish food (Aqua mix pellet) twice daily. The physico - chemical parameters of the water were monitored daily using a standard procedure (APHA, 2005) and maintained constant conditions during the acclimatisation period. The acclimatization was done at room temperature. Fishes free of any deformities, diseases or lesions and showed good health conditions were selected for the experiments.

2.3 Chronic exposure study

For the preparation of stock solution, potassium perchlorate (KCLO_4) purchased from Sigma Aldrich was used. It is a white coloured crystal with molecular weight 138.55 g/mol. A stock solution (10000mg/L) was prepared with potassium perchlorate as per the standard procedure (APHA, 2005) prior to the experiment. Test solutions were made by diluting the stock solution to produce the desired perchlorate concentration for each treatment.

Long term exposure studies (Chronic exposure study) were carried out in five rectangular glass aquaria with 500 L capacity filled with 300 L ClO_4^- solution. The aquaria were labelled from T1 T2, T3, T4 and T5 and filled with different concentrations of ClO_4^- solution (6, 8, 10, 12 and 14 mg/L) respectively along with a control. The concentration selected for the toxicity study has been based on the average

perchlorate concentration (6 to 14 mg/L) reported from the contaminated pond (study site). Healthy adult fishes, irrespective of sex, having uniform size were randomly divided into 6 groups $(6.1 \pm 2.4 \text{ cm of total length}, 4.2 \pm 1.6 \text{ g})$ of weight) and introduced into each aquarium (30 fishes per aquarium). Fishes were fed with commercial food (Aqua mix pellet) daily during the experiment period. During the experimental period 75 % of the perchlorate solution was replaced with fresh solution twice a week for 90 days. A control aquarium was kept (500L capacity) under the same condition without perchlorate. The experiment was conducted in triplicate for both (test and control). During the experiment at regular intervals (two weeks) water samples were collected from each aquarium for perchlorate and physico chemical analysis. The total exposure period (duration of the experiment) was 90 days. At the end of the experiment, fish from each aquarium were collected. Blood samples and tissues from gills, liver and muscles from six groups of fish were carefully collected and used for hormonal, enzymatic, biochemical and histopathological studies.

After 90 days of ClO₄ exposure, five fish from each tank (experimental and control) were collected and sacrificed. For histological studies, the liver and gonads (testes and ovary) were dissected out from each fish through a transspinal dissection and gently washed with normal saline solution (0.9% NaCl) to remove the blood and adhering debris. The tissues were immediately immersed in a fixative (Glacial acetic acid, formaldehyde and ethanol- 1: 3: 7) for 48 hrs. Then the fixed tissues were dehydrated through a graded alcohol series (70 to 100%) and finally cleared with chloroform. Then the tissues were embedded in paraffin wax (58°C). After embedding the blocks were subjected to sectioning at 5µ thickness by using a rotary microtome (Leica Rotary model). The sections were stained with Harris hematoxylin and eosin stains. The stained slides were treated with xylene and mounted with DPX. These slides were photographed under a light microscope attached to a digital camera (Olympus, Japan).

3. Results and Discussion

During the experiment perchlorate and physico chemical analysis of water samples collected from each aquarium were reported in Table 1 and Table 2. The histological changes observed in the liver and testes due to perchlorate exposure were illustrated in Fig 1 and Fig 2. The histological observation of the ovary does not show any remarkable changes in exposed fishes compared to the control group. In comparison, several changes were observed in the testes and liver of the ClO_4^- exposed fish compared to control. The following observations were found in ClO_4^- exposed - fish compared to control.

3.1 Histological Changes in Liver

The histological examination of the liver of the control fish does not show any pathological changes. Hepatocytes are radially arranged around central sinusoids and hepatic sinusoids are lined with endothelial cells. The hepatocytes are polygonal in shape with a spherical and centrally placed nucleus and contain homogenous cytoplasm. Hepatopancreas was present and consisted of a central portal vein. Histological observation of liver of the fishes exposed to lower concentration of ClO_4^- (6, 8 mg/L) does not show any significant changes compared to control.

However, fishes exposed at higher concentration (10, 12 and 14 mg/L) showed significant changes such as the pyknotic nucleus, necrosis, hemorrhage, cytoplasmic and vacuolar degeneration. The changes observed in liver tissue were varied with increasing ClO_4^- concentration.

Liver tissue of the fishes exposed at 10mg/L perchlorate showed hepatocytes with cytoplasmic degeneration and mild nuclear pyknosis. Some of the hepatocytes became swollen and degenerated cytoplasmic vacuoles were present. Hepatocytes contain amorphous and granular cytoplasm. While the fishes exposed at 12 mg/L of perchlorate concentration showed hepatocytes with moderate nuclear pyknosis, cellular necrosis and appearance of haemorrhage. However, liver of the fish exposed at the highest concentration (14 mg/L) showed intensive haemorrhage. Moreover, the hepatocytes with severe cell degeneration and cellular necrosis were prominently observed in fishes exposed to the highest concentration (14 mg/L).

The liver is a highly sensitive organ to environmental contaminant and the significant changes present in the liver were considered for the evaluation of the health status of fish (Myers et al., 1992; Thophon et al., 2003). The liver is one of the most important organs affected by pollutants present in water, and liver metabolism is a potential target for the toxic action of chemicals (Rodrigues and Fanta, 1998; Hinton et al., 2001). Due to its position, function and blood supply the liver is a major organ for detoxification and biotransformation processes (Vander Oost et al., 2003). The monitorisation of histological changes in the fish liver is a compassionate way to assess the effect of the xenobiotic compound in field and experimental studies (Figueire-do- fernandes et al., 2007). The histopathological abnormalities observed in Rasbora dandia exposed to perchlorate revealed that the environmentally relevant high concentration of perchlorate could impair the normal liver function.

Only one previous report is available on the effect of perchlorate on the liver tissue of a fish. A study conducted by Brucu et al (2009) reported that, molly fish (Poecilia sphenops) were exposed to perchlorate at different concentrations (1, 5, 25 and 125 mg/L) for 10 days showed remarkable changes in the liver such as steatosis, fibrosis, hyperemia and necrosis. However, the most distinctive changes such as hepatocellular breakdown, nuclear polymorphism, hyperemia and necrosis were only exhibited in fishes exposed at higher concentrations (25 and 125 mg/L). Similarly in the present study distinctive changes were observed in fishes exposed to perchlorate at high concentrations (10 mg/L, 12 mg/L, and 14 mg/L). In previous report, intensive steatosis, hepatic vacuolisation and fibrosis were observed in fishes exposed at lower concentrations (1 and 5 mg/L) (Brucu et al., 2009). The present study observed no remarkable changes at lower concentrations (6 and 8 mg/L).



Fig. 1. Histology of the liver of Rasbora dandia exposed to different concentrations of perchlorate.

(A). Liver of *Rasbora dandia* treated as control for 90 days showing normal Haepatopancreas (HP), Hapatocytes(HE) and Sinusoids (SI). (B). Liver of *Rasbora dandia* exposed to 10 mg/L perchlorate for 90 days showing blood vessel (BV), Pyknotic nucleus (PN), Cytoplasmic degeneration (CD) and Vacuolar degeneration (VD). (C). Liver of *Rasbora dandia* exposed to 12 mg/L perchlorate for 90 days showing Pyknotic nucleus (PN), Hemorrhage (HAE) and Necrosis (NC) (D). Liver of *Rasbora dandia* exposed to 14 mg/L perchlorate for 90 days showing Hemorrhage (HAE), Necrosis (NC) and degenerated hepatic cells (DH). Magnification 40x, Scale bar -100µm).

In the present study, the duration of the experiment was 90 days, and the concentration used for the toxicity study was the average concentration reported from the study site. The histological changes observed in the liver of *Rasbora dandia* were not only associated with the concentration of the perchlorate but also with the duration of exposure. The present study reveals that hepatic cells of *Rasbora dandia* were damaged due to chronic exposure to perchlorate, and this result is consistent with the previous study.

In the present study, pyknotic nucleus, cytoplasmic and vacuolar degeneration, necrosis and haemorrhage were observed in liver tissue of *Rasbora dandia* exposed to perchlorate. Similar observations were reported from various studies in fish due to different toxicants. A study conducted in *Clarius gariepinus* exposed to fenvalerate showed cytoplasmic vacuolisation of hepatocytes, necrosis and blood vessel congestion (Sakr and Jamal Al Lail., 2005). Das and Mukherjee (2000) reported that necrosis, and swellings of hepatocytes were observed in the liver of *Labeo rohita* exposed to hexachlorocyclohexane. Similarly,

a study conducted in Tilapia mossambica reported that degeneration of hepatocytes, rupture of blood vessels and appearance of blood cells among hepatocytes and pyknotic nucleus were present in fenvalerate exposed fishes. A study in a fresh - water fish Garra mullya (Sykes) reported that fish exposed to sub lethal concentrations of Dimethoate showed different histopathological changes such as vacuolisation, necrosis, fibrosis, nuclear pyknosis and degeneration of hepatocytes leading to tumour (Borane., 2016). Hepatocytes swelling, Pyknotic nuclei and lipid vacuoles were also observed in Oreochromis niloticus exposed to Alachlor (Peebua et al., 2008). Loganathan et al., 2006 reported that Labeo rohita were exposed to Zinc metal (5 and 10 mg/ L) showed severe necrosis, haemorrhage, pyknotic nuclei and vacuolation. Pal et al., 2012 reported that Cyprinus carpio exposed to chlorpyrifos (1 and 100 μ /l) for 14 days showed pyknotic nucleus, cytoplasmic vacuolation, necrosis, and nuclear degeneration in hepatic tissue. A study conducted rainbow trout (Oncorhynchus mykis) exposed to on oxytetracycline showed haemorrhage, an increase in



Fig. 2. Histology of the Testes of *Rasbora dandia* exposed to different concentrations of perchlorate. (A). Testes of *Rasbora dandia* treated as control for 90 days showing seminiferous tubule (ST) with normal spermatozoa (SP) (B) Testes of *Rasbora dandia* exposed to perchlorate for 90 days showed seminiferous tubules (ST) contain less number of spermatozoa (SP), multiple layers of germinal epithelium (GE) and Edema (ED). Magnification 40x, Scale bar -100µm.

sinusoidal space, pyknotic nucleus, vacuolisation and hepatocellular degeneration in the liver (Rodrigues et al., 2017).

3.2 Histological Changes in Gonads

The histological observation of the gonads (testes and ovary) revealed that fish exposed at lower concentrations (6mg/L to 12 mg/L) showed no significant changes. While fishes were exposed to high concentrations (14 mg/L), remarkable changes were observed in the testes. The histological observation of the testes of the control fish showed that testes enclose seminiferous tubules, lined with a single layer of germinal epithelium. Interstitial cells and connective tissues are present in between the seminiferous tubules. The seminiferous tubules consist of primordial germ cells, spermatocytes, spermatids and abundant spermatozoa.

Testes of the fishes exposed at the highest concentration (14 mg/L) showed multiple layers of germinal epithelium. In the exposed fishes, the spermatogonia were not differentiated into spermatozoa. The lumens of the seminiferous tubules contain less number of spermatozoa. This may be due to the maturation arrest of spermatids due to perchlorate toxicity, leading to the total arrest of spermatogenesis. This permanent testicular damage and reduction of spermatids

may lead to delayed spermatogenesis. In addition, testicular inflammation was observed in treated fish.

This study elucidates that prolonged exposure to perchlorate at the environmentally relevant concentration (14mg/L) may leads to testicular damage in *Rasbora dandia*. Previous studies reported that perchlorate causes different developmental and reproductive abnormalities in fishes. Bernhardt et al. 2006 reported that three spine stickle back was chronically exposed to perchlorate (100mg/L) and showed hypertrophy and ovotestis formation. Mukhi and Patino (2007) reported that prolonged exposure to ClO_4^- at high concentrations (10 and 100mg/L) suppressed fecundity in Zebrafish. Furin et al. (2015) reported that ClO_4 exposed three spine stickle-back showed delayed gonadal maturity. These previous reports were consistent with the findings of the present study.

Sharma and Patino, (2013) reported that spermatogenesis was delayed in Zebra-fish treated with goitrogens. A recent study reported that ClO_4^- exposure (100mg/L) at high concentration reduce primordial germ cell number in female threespine stickleback (Petersen *et al.*, 2016). In the present study perchlorate showed an inhibitory effect of spermatogenesis on testes. However, there are some reports available on the stimulatory effect of perchlorate on

Table 1. Perchlorate concentration (mg/L) measured from water samples collected from the experiment tank during the exposure period.

SI. NO	Nominal concentration (mg/L)	Actual concentration (mean ± S.D) (mg/L)		
		30 days	60 days	90 days
1	6	5.8 ± 0.78	5.2 ± 0.24	4.6 ± 0.51
2	8	7.3 ± 0.65	6.9 ± 0.64	6.2 ± 0.45
3	10	9.4 ± 0.32	8.8 ± 0.28	7.8 ± 0.62
4	12	11.08 ± 0.45	10.22 ± 0.48	9.92 ± 0.52
5	14	13.6 ± 0.14	12.91 ± 0.69	11.02 ± 0.49

 Table 2. Physico chemical parameters measured from water samples collected from the experiment tank during the exposure period.

SI .NO	Parameters	mean ± S. D
1	Temperature (°C)	27.6 ± 1.3
2	PH	7.3 ± 0.4
3	Dissolved oxygen(mg/L)	4.63 ± 0.38
4	Free CO ₂ (mg/L)	1.24 ± 0.12
5	Total alkalinity (mg/L)	5.92 ± 1.4
6	Total hardness (mg/L)	24 ± 1.8

gametogenesis in fishes (Bernhardt et al., 2006; Petersen et al., 2015). In this study perchlorate does not shows any stimulatory or inhibitory effect on ovary of Rasbora dandia. This report is consistent with other studies in Zebra fish. Patino et al. 2003 reported that an environmentally relevant concentration of perchlorate (18mg/L) does not affect egg volume and rate of fertilisation in Zebrafish (Danio rerio). Similarly, this study also suggests that high concentration of ClO₄⁻ (677 mg/L) suppressed spawning activity in Zebrafish. Previous studies reported a negative correlation between the reproductive effect and thyroid hormone (Cyr and Eales, 1988). Another study reported that thyroid hormones affect the secretion of reproductive hormones (Cyr and Eales, 1996; Parhar et al., 2000). The present study has significantly varied thyroid hormone due to perchlorate exposure. This may be the probable reason for the impairment of spermatogenesis in Rasbora dandia.

Testicular inflammation is one of the common responses in aquatic animals exposed to environmental toxicants (Sokal *et al.*, 1985; Ruby *et al.*, 1987). A study in *Heteropneustes fossilis* reported that fishes exposed to alkyl benzene sulphonate showed damage of the germinal epithelium, inflammatory response and reproductive impairment leading to delayed gonadal maturity (Ruby *et al.*, 1986). Another study in *Clarius batrachus* exposed to chromium showed deformation of seminiferous tubules, disorganisation of spermatogonia, spermatocytes and spermatids with cytoplasmic vacuolization and nuclear pyknosis (Johnson *et al.*, 2016).

4. Conclusion

This study concluded that prolonged perchlorate exposure at environmentally relevant concentrations could leads to hepatic and reproductive damage in *Rasbora dandia*. This study obviously suggests that perchlorate is a hepatotoxic compound in *Rasbora dandia*, and it affects fish spermatogenesis. Therefore, the study highlights that perchlorate contamination in a natural ecosystem is harmful to the fish population and may be adversely affected in the in natural ecosystem.

Acknowledgements

The authors are very much thankful to the Department of Aquatic Biology and Fisheries, the University of Kerala, for granting lab facility and permission to carry out this study. The assistance sought from the Department of Environmental Technology, NIIST, Thiruvananthapuram is highly acknowledged.

5. References

- APHA, 2005. Standard Methods for the Examination of Water and Wastewater. American Public Health Association., 21st Ed., Washinton, USA, 434.
- ATSDR, (Agency for Toxic Substances and Disease Registry) 2008. Toxicological profile for Perchlorates. Atlanta, GA: U.S. Department of Health and Human Services, Public Health Service *DOI*: 10.1177/074823379901500801..
- Bernhardt, R. R., Von Hippel, F. A. and Cresko. W. A. 2006. Perchlorate induces hermaphroditism in threespine sticklebacks. Environmental toxicology chemistry 25: 2087-2096 DOI:10.1016/j.mce.2008.06.008.
- Bernhardt, R.R., and Von Hippel, F.A.2008. Chronic perchlorate exposure impairs stickle back reproductive behaviour and swimming performance. Behaviour.,145: 527-559 DOI.org/10.1016/j.ejrs.2012.07.002.
- Bernhardt, R.R., Von Hippel, F.A. and Hara, T.M.O. 2011. Chronic perchlorate exposure causes morphological abnormalities in developing stickleback. Environmental toxicology chemistry.30: 1468-1478 DOI: 10.1002/etc.521.
- Borane, 2016.Histopathological Impact of Dimethoate on the Liver of Freshwater Fish, Garramullya (Sykes), international journal of life sciences scientific research., 2(6): 708 711 DOI:10.21276/ijlssr.2016.2.6.10.
- Bradford, C. M., Park, J.W., Rinchard, J., Anderson, T.A., Liu, F. J. and Theodorakis, C.W. 2006.Uptake and elimination of perchlorate in eastern mosquitofish. Chemosphere 63:1591-1597. DOI: 10.1016/j.chemosphere.2005.08.073.
- Burcu, K.T.; Sema, I.U. and Ozlem, O. 2009. The effects of sodium perchlorate on the liver of Molly Fish (*Poecilia sphenops*), Cyprinidae, Teleostei), African Journal of Biotechnology. 8 (11), 2640-2644, DOI: 10.5897/AJB.
- Clark, J.J., 2000. Toxicology of perchlorate. In: Urbansky, E.T. (Ed.), Perchlorate in the Environment. Kluwer Academic/Plenum Publishers, New York, 15 29 https:// DOI.org/10.1007/BF02987487.
- Cyr, D.G. and Eales, J.G. 1996. Interrelationships between thyroidal and reproductive endocrine systems in fish. Reviews in Fish Biology and Fisheries 6,165–200 DOI: 10.1006/gcen.1998. 7222..
- Cyr, D.G. and Eales, J.G. 1988. Influence of thyroidal status on ovarian function in rainbow trout, Salmogairdneri. Journal of Experimental Zoology. 248, 81 87 DOI: 10.1007/BF02311133.
- Couillard, C.M.; Barman, R.A. and Panisset, J.C. 1988. Histopathology of rainbow trout exposed to a bleached kraft pulp mill effluent. *Archives of Environmental Contamination and Toxicology*. 17, 319–323 DOI https://doi.org/10.1023/B:HYDR.0000036196.84682.27
- . Couch, J.A and Fournie, J.W.E. 1993. Advances in Fisheries Science. In:Pathobiology of Marine and Estuarine Organisms. CRC Press, Boca Raton, Florida DOI: 10.1111/lam.12226.
- Dasgupta, P.K., Nartubekabgim, P.J., Jackson, W.A., Anderson, T.A., Tian, K., Tock, R.W. and Rajagopalan, S. 2005. The origin of naturally occurring perchlorate: Role of atmospheric processes. Environmental Science and Technology. 39(6): 1569-1575 DOI/10.1021/es048612x.
- Dohan, O., De la Vieja, A., Paroder, V., Riedel, C., Artani, M., Reed, M., Ginter, C. S.; Carrasco, N. 2003 "The sodium/iodide symporter (NIS): characterisation, regulation, and medical significance" Endocrine Reviews., 24: 48. DOI: 10.1210/er.2001-0029.
- Dutta, H. M. 1996. A composite approach for evaluation of the effects of pesticides on fish. In: Fish morphology, (ed. Munshi J.S.D. and Dutta H.M.) Science Publishers Inc. 334 DOI:10.1080/10807039.2018.1482736.

- Eichler, O. 1929. The pharmacology of the perchlorate effect. Naunyn-Schmiedebergs. Archives Experimental pathology and Pharmacology, 14 4:251-260, DOI: 10.1210/er.2001-. 0029.
- Ferguson, H.W. 1989.Gills and pseudobranchs. In: Ferguson, H.W., (ed.), Text book of systemic pathology of fish, 1st ed., Lowa state University press, pp. 18-20 Doi.org/10.1016/j.aquaculture.2021.736887.
- Flowers, T.C. and Hunt, J.R. 2000. Long term release of perchlorate as a potential source of groundwater contamination. In ET Urbansky (Ed.), Perchlorate in the environment, Kluwer Academic/Plenum Publishers, New York, USA, pp 177-178.
- Furin, C.G., Von Hippel, F.A., Postlethwait, J.H., Buck, C.L., Cresko, W.A. and Hara, T.M. 2015. Developmental timing of sodium perchlorate exposure alters angiogenesis, thyroid follicle proliferation and sexual maturation in stickleback. General and Comparative Endocrinology., 219:24–35. DOI: 10.1016/j.ygcen.2015.04.002.
- Figueiredo-Fernandes A.; Ferreira-Cardoso J. V.; Garcia-Santos S.; Monteiro S. M.; Carrola J.; Matos, P. andFontaínhas-Fernandes, A. 2007. Histopathological changes in liver and gill epithelium of Nile tilapia, *Oreochromis niloticus* exposed to water borne copper. Pesquisa Veterinaria Brasileira., 27(3), 103-109.
- Gardell, A.M.; Von Hippel, F.A.; Adams ,E.M.; Dillon, D.M.; Petersen, A.M.; Postleth wait, J.H.; Crescko, W.A and Buck ,C.L .2016. Exogenous iodide ameliorates perchlorate-induced thyroid phenotypes in threespine stickleback. General and Comparative Endocrinology. 243: 60-69 doi: 10.1016/j.ygcen.2016.10.014.
- Goleman, W.L.; Carr, J.A and Anderson, T.A. 2002. Environmentally relevant concentrations of ammonium perchlorate inhibit thyroid function and alter sex ratios in developing *Xenopus laevis*. Environmental toxicology chemistry. 21: 590-597. DOI:10.1002/ etc.5620210318
- Hinton, D. E.; Baumann, P. C.; Gardner, G. R.; Hawkins, W. E.; Hendricks, J. D.; Murchelano, R. A. and Okihiro, M. S. 1992. Histopathologic Biomarkers.Biochemical, Physiological, and Histological Markers of Anthropogenic Stress. Biomarkers: 155– 209, Lewis Publishers, Boca Raton, FL
- Hinton, D. E.; Segner, H. and Braunbeck, T. 2001. Toxic responses of the liver. In Target Organ Toxicity in Marine and Freshwater Teleosts (Schlenk, D., Benson, W. H., eds.), pp. 224–68. Taylor & Francis, London DOI: 10.4172/2473-3350.1000e118.
- ITRC, (Interstate Technology and Regulatory Council).2005. Perchlorate: overview of issues, status, and remedial options. PERC-1. Interstate Technology and Regulatory Council, Washington, D. C.
- Johnson, R.S. and Moore, W.G. 2016. Fatal aplastic anemia after treatment of thyrotoxicosis with potassium perchlorate. British Medical Journal, 5236:1369-1371 DOI: 10.1136/bmj.1.5236.1369..
- Liu, F.; Gentles, A.; Theodorakis, C.W. 2008. Arsenate and perchlorate toxicity, growth effects, and thyroid histopathology in hypothyroid zebrafish *Danio rerio*" Chemosphere, 71(7), 1369 doi: 10.1016.
- Loganathan, K.; Velmurugan, B.; HongrayHowrelia, J.; Selvanayagam, M.; Patnaik, B.B. 2006. Zinc induced histological changes in brain and liver of *Labeo rohita* (ham.) Journal of Environmental Biology, 27:107–110.
- Morrison, R.D., Vavricka, E.A. and Duncan, P.B. 2006. Perchlorate. In: Morrison RD, Murphy BL, editors. Environmental Forensics: Contaminant Specific Guide. Elsevier Inc.; Burlington, MA, USA: pp. 167–185. DOI:/10.1080%2F15287394.2013.836693.
- Mukhi, S.; Carr, J. A.; Anderson, T.A. and Patino.R.2005. Novel biomarkers of perchlorateexposure in zebrafish. Environmental toxicology chemistry. 24: 1107-1115 DOI: 10.1897/04-270r.1.
- Mukhi, S. and R. Patino. 2007. Effects of prolonged exposure to perchlorate on thyroid and reproductive function in zebrafish. Toxicological Scence. 96: 246-254, https://doi.org/10.1093/toxsci/kfm001.
- Pal,S.; Kokushi.E.; Koyama,J.; Uno.S. and Ghosh, A.R. 2012 Histopathological alterations in gill, liver and kidney of common carp exposed to chlorpyrifos. Journal of Environmental science and Health .47 (3) 180-195 DOI: 10.1080/03601234.2012.632285.
- Parhar, I.S., Soga, T., Sakuma, Y. 2000. Thyroid hormone and estrogen regulate brain region-specific messenger ribonucleic acid sencoding three gonadotropin-releasing hormone genes in sexually immature male fish, *Oreochromis niloticus* Doi: 10.1210/ endocrinology.141.5.7460
- Patino, O.; Wainscott, M.R.; Cruz-Li, E.I.; Balakrishnan, S.; McMurray, C.; Blazer, V. S. 2003.Effects of ammonium perchlorate on the reproductive performance and thyroid follicle histology of zebrafish. Environmental toxicology chemistry.; 22:1115–1121.
- Park, J.W., Rinchard, J., Liu, F., Anderson, T. A., Kendall, R.J. and Theodorakis, C.W. 2006. The thyroid endocrine disruptor perchlorate affects reproduction, growth and survival of mosquito fish. Ecotoxicology and Environmental Safety 63: 343-352. DOI: 10.1016/j. ecoenv.2005.04.002.
- Petersen, A.M.; Dillon, D.; Bernhardt, R.A.; Torunsky.R.; Postlethwait, J. H.; Von Hippel, F. A.; Buck, C.L.; and Cresko, W.A. 2015. Perchlorate disrupts embryonic androgen synthesis and reproductive development in three spine stickle back without changing whole-body levels of thyroid hormone. General and Comparative Endocrinology. 210: 130–144 /doi.org/10.1371.
- Petersen, A.M., Earp, N.C., Redmond, M.E., Postlethwait, J.H., von Hippel, F.A., Buck, C.L. and Cresko, W.A. 2016. Perchlorate Exposure Reduces Primordial Germ Cell Number in Female Threespine Stickleback. PLoS One 11. Jul 6; 11(7):e0157792. DOI: 10.1371/journal.pone.0157792. e Collection 2016.PMID: 27383240.
- Rodrigues, E. L. and E. Fanta. 1998. Liver histopathology of the fish *Brachydaniorerio* after acute exposure to sublethal levels of the organophosphate Dimetoato 500. Revista Brasileira de Zoologia, 15: 441-450 https://doi.org/10.1590/S0101-81751998000200014
- Rodrigues,S.; Antunes, S.C.; Nunes.B. andCorriea A.T. 2017. Histological alterations in gills and liver of rainbow trout (Oncorhynchusmykiss) after exposure to the antibiotic oxytetracycline .Environmental Toxicology and Pharmacology 1.53:164-176
- Ruby, S.M., D.R. Idler and P.S.Q. Ying: 1986 .The effect of sublethalcyanideexposure on plasma vitellogenesis levels in rainbowtrout, Salmogaidneriduring early vitellogenesis. Archives of Environmental Contamination and Toxicology., 15, 603-607.
- Ruby, S.M., D.R. Idler and P.S.Q. Ying: 1987 Changes in plasma, liver and ovary vitellogenin in landlocked Atlantic salmon following exposure tosublethalcyanide. Archives of Environmental Contamination and Toxicology, 16, 507-510.
- Sakr,S.A. and Jamal Al Lail, S.M. 2005. Fenvalerate induced histopathological and histochemical changes in the liver of the cat fish *Clariasgariepinus. Journal of Applied Sciences Research.*, 1(3): 263-267 https://doi.org/10.1007/s40071-015-0106-x.
- Schlacher, T.A.; Mondon, J.A. and Connolly R.M. 2007.Estuarine fish health assessment: Evidence of wastewater impacts based on nitrogen isotopes and histopathology .Marine Pollution Bulletin. 54: 1762–1776 DOI: 10.1016/j.marpolbul.2007.07.014.
- Schwaiger, J.; Bucher, F.; Ferling, H.; Kalbfus, W; and Negele, R.D. 1992. A prolonged toxicity study on the effect of sublethal concentrations of bis(tri-n-butylin) oxide (TBTO): Histopathological and histochemical findings in rainbow trout(Onchorhynchusmykiss). Aquatic Toxicology.,23: 31-48 https://doi.org/10.1006/eesa.2001.2121.
- Schmidt, F., Schnurr, S., Wolf, R., Braunbeck, T. 2012. Effects of the anti-thyroidal compound potassium-perchlorate on the thyroid system of the zebrafish. Aquatic Toxicology, 109:47–58. DOI: 10.1016/j.aquatox.2011.11.004

- Sharma, P. and Patino, R. 2013. Regulation of gonadal sex ratios and pubertal development by the thyroid endocrine system in zebrafish (*Danio rerio*). General and Comparative Endocrinology, 184:111-119. DOI: 10.1016/j.ygcen.2012.12.018.
- Sokal, R.Z., C.E. Madding and R.S. Swerdloff: 1985 Lead toxicity and the hypothalamicpitutary testicular axis. Biology of Reproduction., 33, 722-728. https://doi.org/10.1007/s00128-014-1332-4
- Sparks, D. L. 1995. Sorption Phenomena on Soils. Environmental Soil Chemistry. Academic Press, SanDiego 5:pp133.
- Tazebay, U.H.; Wapnir, I.L.; Levy, O.; Dohan, O.; Zuckier, L.S.; Zhao, Q. H.; Deng, H. F.; Amenta, P. S.; Fineberg, S.; Pestell, R.G.; Carrasco, N. 2000 The mammary gland iodide transporter is expressed during lactation and in breast cancer. Nat Med.6:871–878. DOI: 10.1038/78630
- Theodorakis, C., Richard, J., Anderson, T., Liu, F., Park, J. W., Coasta, F., McDaniel, L., Kendall, R. and Waters, A. 2006. Perchlorate in fish from a contaminated site in east-central Texas. Environmental Pollution, 139: 59–69. DOI: 10.1016/j.envpol.2005.04.030.
- Thophon, S..; Kruatrache, M..; Upatham, E.S.; Pokethitiyook, P.; Sahaphong, S.; and Jaritkhuan, S.; 2003. Histopathological alterations of white seabass Lates calcarifer, in acute and subchronic cadmium exposure. Environmental Pollutin 121: 307–320 doi: 10.1016/ s0269-7491(02)00270-1.
- Trumpolt, C.W., Crain. M., Cullison, G.D., Flanagan, S.J.P., Siegel, L. and Lathrop, S. 2005 Perchlorate: sources, uses, and occurrences in the environment Remediation 16(1):65-89. DOI: /10.1002/rem.20071.
- Urbansky, E.T and Schock, M.R. 1999 Issues in managing the risks associated with perchlorate in drinking water. J Environ Manag 56(2):79–95. DOI:/10.1006/jema.1999.0274.
- Urbansky, E.T. 2002. Perchlorate as an environmental contaminant *Environmental Science* and *Pollution Research* 9, 187–192 doi. org/10.1007/BF02987487.
- USEPA, 1998. Exposure factors handbook. In: General factors, vol 1. Office of Research and development, National Center for Environmental Assessment. Washington, DC.
- USEPA 2008 (U.S Environmental Protection Agency). "Interim drinking water health advisory for perchlorate" Rep. No. EPR-08-025, United States Environmental Protection Agency, Washington D.C.
- USEPA 2019 (U.S Environmental Protection Agency). "Interim drinking water health advisory for perchlorate" Rep. No. EPR-08-025, United States Environmental Protection Agency, Washington D.C.
- Wester and Canton, 1991. The usefulness of histopathology in aquatic toxicity studies. Comparative Biochemistry and Physiology., 100 : 115-117 doi: 10.1016/0742-8413(91)90135.
- Wolff, J. 1998. Perchlorate and the thyroid gland. Pharmacology Review. 50, 89-105.
- Yu, K.O., Narayanan, L., Mattie, D.R., Godfrey, R.J., Todd, P.N., Stemer, T.R., Mahle, D.A., Lumpkin, M.H. and Fisher, J.W. 2002. The phamacokinetics of perchlorate and its effect on the hypothalamus-pituitary-thyroid axis in the male rat. Toxicology and Applied Pharmacology 182:148-159. DOI: 10.1006/taap.2002.9432.
- York, R.G.; Brown, W.R.; Girard, M.F.; Dollarhide, J.S. 2001 Oral (drinking water) developmental toxicity study of ammonium perchlorate in New Zealand white rabbits, International Journal of Toxicology,20:199–205 doi: 10.1080/109158101750408028.

